

# U.S. Paralympics Regional Sport Training – Paralympic Swimming

The University of Cincinnati Campus Recreation Center, Cincinnati, Ohio

## Training Agenda:

### 10:00 a.m.

- Sport Overview/Athlete Pipeline/Identification/Classification
  - What is the Athlete Pipeline?
  - How can I identify a potential athlete?
  - Where can an athlete go to be classified?

### 10:45 a.m.

- Program and Competition Opportunities
  - Where can an athlete find competition opportunities?
  - Local/Regional/National/International

### 11:15 a.m.

- Coaching Certifications
  - Where can I find certification opportunities?
  - Recruitment of qualified and certified coaches existing in the community

### 11:45 a.m.

- Equipment/Additional Resources Available
  - Learn resources on chosen sport

### 12:00 p.m.

- Sport & Athlete Development Facilitation (Group attendees according what level of training they offer)
  - Who, What, When and Where
  - What resources are available to you?
  - How will you connect the athlete with the sport NGB/HPMO

### 1:00 p.m.

- Lunch—Networking Opportunities
  - Q&A session

### 2:00 – 4:00 p.m.

- Paralympic Swimming Clinic
  - Please have your program athlete invited for this portion of the training. Athlete should arrive 30 minutes to scheduled start of the clinic.
  - Hands on experience and training in selected sport

### 4:00 p.m.

- Wrap Up

