

2025 Freestyle Frenzy

Hosted By:
Savannah Swim Team

Date(s): November 15

Sanction #: GA25-124

Meet Director: Joe Witt wittjoe@gmail.com	Meet Referee: Brendan Sheehan brendan@sheehancontracting.com	Admin Official: Michele Smith
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SANCTION:	Held under the sanction of USA Swimming, through Georgia Swimming Inc.
LIABILITY:	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and HOST CLUB NAME," shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
FACILITY:	<p>Chatham County Aquatic Center (CCAC), 7240 Sallie Mood Drive, Savannah, GA 31406</p> <p>This facility's competition pool is a 50-meter x 25-yard pool with deep flow-over gutters, non-turbulent lane lines, depth varying between 7 and 9 feet, and conforms to USA Swimming rules and regulations for competition pools. The competition course has been certified in accordance with 104.2.2C(4). A copy of such certification is on file with USA Swimming and Georgia Swimming. A separate, 6-lane, 25-yard pool is available for warm-up and warm-down. Other features include spectator seating, generous deck space, locker rooms, Dual 8-lane scoreboard, and a Colorado timing system.</p>
MEDICAL SUPERVISION:	AED available, Lifeguards provided
SESSION SCHEDULE:	Session 1: Saturday November 15, 2025 Open Warm up: 9 AM Start: 10 AM
MEET FORMAT:	<ul style="list-style-type: none"> • SCY • Time Final Format (TF) • 8 Lanes of Competition • 8 Lanes of Warm-Up/Cool-Down during meet
ENTRY FEES:	<ul style="list-style-type: none"> • FLAT FEE: \$50 • LATE IND. ENTRIES: \$10+\$50 • GA LSC Travel Fund - \$3.00/athlete • GA travel fee applies to all non-Georgia LSC registered swimmers - \$6.00/athlete • GA LSC Travel Fund \$3.00 / Georgia LSC registered athlete • GA travel fee \$6.00 / non-Georgia LSC registered athlete
ELIGIBILITY:	MEET TYPE: (Open) Open to all registered USA Swimmers. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> , Article 302.

SWIMMERS WITH A DISABILITY:	Athletes with a disability are welcomed, but advance notice of desired accommodation must be provided to the Meet Referee via the NECESSARY ACCOMODATIONS FORM , which should be submitted by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.
ENTRIES:	Swimmers may enter a maximum of 5 events per day. Deck entries may be added up until 30 minutes before the start of the meet.
CHECK IN:	Deck Seeded Events: 500 Free, 1000 Free, and 1650 Free.
CLERK of COURSE:	Swimmers must check in at Clerk of Course 30 prior to the start of the session.
ENTRY SUBMISSION:	<p>ENTRY DEADLINE: Date: November 6, 2025 Time: 6:00pm</p> <p>Submit one check payable to: Savannah Swim Team</p> <p>Entries must be received on or before: November 6, 2025.</p> <p>Email entries to: SSTentries@gmail.com (Michele Smith)</p> <p>Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, and seeding time for each event entered.</p>
RULES:	<p>Current USA Swimming Rules will govern this meet.</p> <ul style="list-style-type: none"> • All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <u>Minor Athlete Abuse Prevention Policy</u> ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. • On Deck USA-S registration will be permitted at the discretion of the Meet Director and/or Meet Referee. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, restrooms, or locker rooms. Per GA Swimming policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
CREDENTIALS:	Only athletes, USA Swimming certified coaches, and USA Swimming officials, in good standing, will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times. Parents not working the meet as a volunteer or other position are not permitted on deck.
OFFICIALS:	HOST CLUB welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official's meeting 1 hour prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and white shoes. All officials must present at check in, their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.
AWARDS:	N/A
SCORING:	N/A
CONCESSIONS:	N/A

GEORGIA WARM-UP POLICY:	The GA Swimming Warm Procedures and Safety Policies will be followed.
GA. SCRATCH RULE:	The Georgia Swimming Scratch Rule will be in effect for this meet.

Order of Events

Saturday Morning, November 15, 2025

Warm-Ups: 9:00 am

Start: 10:00 am

Event #	Gender	Age Group	Event
1	Mixed	8&U	25 Free
2	Mixed	Open	50 Free
3	Mixed	Open	100 Free
4	Mixed	Open	200 Free
5	Mixed	Open	500 Free*
			5 Minute Break
6	Mixed	Open	200 Mixed Free Relay
			10 Minute Break
7	Mixed	11&Over	1000 Free*
			5 Minute Break
8	Mixed	11&Over	1650*

*Swimmers in the 500, 1000, and 1650 Free should plan to provide their own Timer and Counter.

*Deck-Seeded Event. Swam Fastest to Slowest. Swimmers must provide a Counter and Timer.

+ALL Events will be seeded as MIXED Gender.

2025 Freestyle Fenzy - November 15, 2025

Team Name _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Head Coach _____

Head Coach E-mail _____ Head Coach
Cell _____

All coaches from your team must be listed and have valid USA Swimming credentials.

1st Coach _____ 2nd Coach _____

3rd Coach _____ 4th Coach _____

Meet Fee	\$ 50 (number of athletes)	= _____
Facility Surcharge Fee	\$ 0 (number of athletes)	= _____
Individual Event Fee	\$ 0 (number of events)	= _____
Relays	\$ 0 (number of relays)	= _____
GA LSC Travel Fund	\$3.00 x (number of athletes)	= _____
Non-GA LSC registered athletes	\$6.00 x (number of athletes)	= _____
	TOTAL	= _____

Submit one check payable to:

Entries must be received on or before _____ Email entries to: SSTENTRIES@gmail.com

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

Signature/Title

Date